

# Muscles A-O

MassageNerd.com

## Word Scramble Puzzle

ricotutiiniim gm dbAd  
orcresddtb vAui  
ugcudsl troodAn  
eibrullio vsrdpsctbAo ci  
nrc bolgicpdluso uoAilst  
sdauct gonAmurd  
rhcBaliasi  
tDeilonrt deAiro  
pouAtdsrlloccid li  
brccCaoaihsorila  
ceBpis  
daiocialiasBrhr  
aDgipmrha  
seipBe osfmric  
eciarotspe rEn  
rexd urssii nrnlacalooapsg i tE  
i ssonlereoiDrsta  
rnp b ilixrotEcaedi asisarevrs  
oecat snpriauslrEnr ix  
niitnE teiosdrxim miig  
Etosdogrunixte rim  
otEnsiutugireeoos rgdmxn l  
xnrtids coEseiin  
uut icrslo Essagellhnnox  
aEtcerot sinealtnxrl  
IExrgtoo u cpslisninlsoe  
vrc oplbsiEsnorisee tix  
tlogdireFuiuxofsrru dmn op  
dimi etiFii onmlirgx  
roqnelxiE eabtlu  
pnarilelnset  
io getmunox sdliforgulr  
oipri arllauids rxceF  
tseinavnltrerarisr  
Ixrios tiiluFedsticeugao frppim  
aece llrrFoip nuirxa  
Lts susmisraoDii  
Islr nieahgs oFoulxcul  
xblliFpesc r oilviores  
Sara vtoceLpalu  
metucGsioansr  
xuiol riFeslspon oglc  
eiurcmsllba  
eG slsutumedui  
t uulGsxmseuaim  
eeiliddlMtd Do  
usimGn imteuuls  
aGrislic  
teoimnsni Opiimp ind  
Insnienortt tclalrae  
olisopasl  
ionel icplOspnosp  
elral nuoeiqtnbl  
iflutprannssa

Abductor digiti minimi  
Adductor brevis  
Adductor longus  
Abductor pollicis brevis  
Abductor pollicis longus  
Adductor magnus  
Brachialis  
Anterior Deltoid  
Adductor pollicis  
Coracobrachialis  
Biceps  
Brachioradialis  
Diaphragm  
Biceps femoris  
Erector spinae  
Extensor carpi radialis longus  
Dorsal interossei  
Extensor carpi radialis brevis  
Extensor carpi ulnaris  
Extensor digiti minimi  
Extensor digitorum  
Extensor digitorum longus  
Extensor indicis  
Extensor hallucis longus  
External intercostal  
Extensor pollicis longus  
Extensor pollicis brevis  
Flexor digitorum profundus  
Flexor digiti minimi  
External oblique  
Interspinale  
Flexor digitorum longus  
Flexor carpi radialis  
Intertransversarii  
Flexor digitorum superficialis  
Flexor carpi ulnaris  
Latissimus Dorsi  
Flexor hallucis longus  
Flexor pollicis brevis  
Levator Scapula  
Gastrocnemius  
Flexor pollicis longus  
Lumbricales  
Gluteus medius  
Gluteus maximus  
Middle Deltoid  
Gluteus minimus  
Gracilis  
Opponens digiti minimi  
Internal intercostal  
Iliopsoas  
Opponens pollicis  
Internal oblique  
Infraspinatus