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s d e d r r s e s a e e y e e y r i u a b o g n r n c a l a o n c h r v c n n  
d e i f i t r e c r p c d n a d i a t s r i f s i d h o r e d i d n o m c e d  
n d y w d o h a b a t h i n g o r s h o w e r i n g d a i l y n e e t p y i a  
a e a r o l t e y i r l r t d e g i a u s n l d a n s a n i a s j n t d i u i  
h e s e a y t c o a e s o a t s s o v a s i d b e h e n u l e o a p i d i g g  
r n h i e i v e t u k y v g l l w h e e l c h a i r a c c e s s i b l e h r e  
u f g t n e s a v e c r i o s e e r a i e o l n y g i i d i a g p r s u n e c  
o i o i i e i k e o i l s i a h v y f a c u t l n l i c l e u u l a l l a s n  
y e n n e h s n e h s i a a t d i e i c m i l n o s a s l n l i a b l e s p a  
n l n u p r o v i d e s a f e e n t r y w a y s a n d p a s s a g e s p d f r  
o b e f o i a n e v r r e t b s g w e s o d o n w y h e r o c r a o r r e a u  
s a v o i d m a s s a g i n g c l i e n t s t h a t a r e c o n t a g i o u s  
a t s r w p n k s e u v t p r m a t x l s y t s a s i i i w s e c l s a u e n  
e e l d e m r e l n o l o q s y a c t o l e l e i t n n e n a t r t n b a r i  
r g r t a t e e a n y t d i p r y i i n e v r e a l i a r o i t s a o u n e y  
a o t h r g p l g f v c w d y e i n n v b e n d v n y r c i i t t k s m r t  
n s i i i n o i e t i y c t i i c p g t g o p n s o l s i p r p m n t i t m i  
e s t p n i l n e m e e l l b t n r u n a n n m t t o n t w h r e n i n c g l  
p a i o g k o g y f g y r i w s s g i o s i h c a i g r n a h h e s r e l k i  
o m r c a o e h e h a l r f a i e p s r y l n a s r l o h n r d u t n s g t b  
y f d o p m v a s a s i a l s d e h h t a f l a u i y a u a o i l i h s i u a  
n f n m p s r n u a s p i h h e h d e r r l i l l r n t t r n n s o o f i l i  
a o h p r r s d o e a d a f k c d s r r n o e s l l p i d i c d r e d r a i l  
e d a l o o r s r d m t e n b l s e a o u s n e d o e n p i o t l l s e d h t  
v n e y p g i s v n m e e e o n u o n r o t w g r n a q l v a n t e n e g i n  
a a n w r n h m i i r c i l o b h - d f t e s l f s a e u n n s r l s f s o e  
h n d i i i o j t o i l e l t s y s c j l t o t r i b d i i e k o g r r e r  
u o k t a w b o u e f r l g c l n a m r m c l c p c a c t a p r r d o o n i r  
o s i h t e s t r s r o g e i m n o o r r d e a u d l g g a i m l o s m n k u  
y t h a e h e h s b e e d p a i l s k m s s t e e e o t r g e l e l a c s o c  
f n o l c c e a w f p o f n t h g u e e n r i u a v h o s a n w i n g l o g e  
i e i l l o m i n m i t l n a s n c a a i y e c n d p o o g a n g s f t u a a v  
s i u s o u a d o i o p t l i t a i l a m a n n h a u m y n h c n r a t r s a  
e l h t t g c s d o n i i r y f c l a e r a n y e m o s e t i s e a a t e i h  
v c a a h g i o r d o r o h g c a d r c i e l w e n a s e r a a n s q e t a y  
o t g t i n x f t n d n v n n e l y m l s e i r a e r d n u e i t n p r w d s  
l s r e n i a t n o c e p y t - r e s n e p s i d d e s o l c y l n o e s u i  
g i l r g d r d s a n r c a o l c e a a r n c f e x a o p b t t m d i l r i p  
l s e u q i n h c e t g n i h s a w d n a h e v i t c e r r o c e s u a i e l  
y s y l q o i s v n l i x i d e u i e u s t a t s h i r u g l a i e o i m v u  
n a t e r v h n y n m p w s e n a l s i o h s f o i l t e n e s e c l v m r d  
i p r s n a e l c r i a h g n i p e e k n i e e g v i c a e n h h n j c n l p  
v e l f n r i n e s v a n a r l s a u r g t r e r i t p n h i f g a s r s a n  
e s a l s b l t i i n o t t u l g m n t i s p t l a e a t f c m a r n s r k  
s b o a g t x w l i i n g i i j s m s i n i c r f s i l l d a w i d n a v n s  
u a - o n e o l o a e a i n e r s g g e e i d i e n s e s f s h r a l m s r p

- Assist clients on and off massage table if needed
- Avoiding gum chewing or smoking
- Bathing or showering daily
- Comply with all state rules
- Exterminate all insects and rodents
- Have a fire extinguisher and smoke alarms
- Keeping breath pleasant
- Keeping hands smooth and soft
- Lighted exit signs
- Maintain good posture
- Non-slip floor
- Provide safe entryways and passages
- Short and clean nails
- Use only clean sheets
- Use vinyl gloves if you have any open areas on your hands
- Wearing appropriate clothing
- Wheel chair accessible

- Avoid massaging clients that are contagious
- Avoiding strong fragrances
- Business free from clutter
- Do not perform massage if you are sick
- First Aid and CPR Certified
- Have current liability insurance
- Keeping hair clean
- Lever style door handles
- Maintain all equipment
- No rings or jewelry on wrists
- Practicing rules of sanitation
- Remove all trash daily
- Use corrective hand washing techniques
- Use only closed dispenser-type containers
- Wear sweatbands if you perspire heavy
- Well ventilation rooms