

Possible Massage Side-Effects

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d o g m s h a a u s e c z h o o z n - z l d e c u u i t l t
y w h y i e e h f u r h d k d l a u p c n n y n u i n h h d
t r t r e a a d s m l d h a s c l s e y m e s k r o c t i e
s n d a s d e r a d e f m c c l e s h i g n i s i u r b h i
i c e n s m r a n t o e d z e d r h t n a e c a o - e y i e
n e a w r d e n g p l u e h u a g r a u f h d t c i a i e t
e s m a e l e e s u n t r r h d e o s a y p e o c s s u r t
r a - - d e o e a r r n l a s a d e r o y h h g e i e f e r
z d d o e s t e u e t o r d l r a t e o t s u t i d d d n t
y u i r u e s i l s u r a l f i a s h o h u d c s i s s h f
d s a a h e i c c e a l e a c d i s t e r t n s z g w r e r
n s r h d h t n n d a c l e n u e r o f t t p z a r e f f e
u e s i t i c t d d d a t c l t e i e c u s y l c a l f h s
a g z l m s t f t t s a w s a d r e m u h u u t s u l n i p
e r n e s h t o i l r i d n n o a o r t e e i c - l i r a a
c s i i f e o c e f e i o e i u m i r a c c t l r c n n l r
a b l t c u d r a m d e t n l u u a o p f r i i d y g z f c
d e m d b m t e u e h s d i r l n a n d l k d p m t i i o o
i y s t t n a e f n e e s i h e r a e i e n r a c a n o r h
u e h i m d e t s l r c s z h s t z d s r h l y y d a a y r
s o a l e t r h c a y o i a f h n y y a y o y r e n f l n t
p t d m c u s s e i i u h e s l d m r i u r i d g c f h o a
s z l i b u u i i o e h t u i h p g m m d i a r r h e a s g
i d m u u m r d u y w i a u f t s a o n c i r e t a c a h c
t s e o e s r z d t r l s a o n s e s h f n e b d d t s i t
l e d r h t d h r h o a e m i c c a s a a d t a i e e i c i
o c o a n i f d o n a r s p t s e i i d a e c y s a d i o a
h s i g n a o u m f s h o k t t n f h t g h d e e s a h h n
i s i h c s i i m o e g l l g h o e f i e r u t e e r e s t
n a a a l o i a z w i w e d u r g p t a b y i r d y e s s t
t e z z z b i i a s s a t a e h u d d u r t u s n h a a r m

Bruising
Diarrhea
Flu-like symptoms
Increased swelling in affected area
Nausea
Sore muscles

Dehydration
Dizzy
Headache
Muscles tender to the touch
Others